

Mitcham Marlins

Swimmers Code of Conduct

General Behaviour

- Treat all members of the club with respect, including:
 - Other swimmers
 - Coaches
 - Club officers
 - Volunteers
- The club has a zero tolerance attitude towards **any** use of the following:
 - Inappropriate or abusive language
 - Bullying (including on social media)
 - Harassment
 - Anti-social behaviour
 - Physical violence
- Engaging in any of the above could result in action being taken through the club disciplinary or child welfare policies
- Treat everyone equally and never discriminate against another person associated with the club, a competition or event on any grounds
- Always report poor behaviour by others to an appropriate club officer or coach
- Recognise and celebrate good performances and success of fellow club members
- The use of photographic equipment or video recording devices (e.g. mobile phones, iPods, tablets or cameras) is strictly prohibited during training, competitions or in the changing rooms

Training

- Arrive on time to the start of your session and bring all your equipment with you (goggles, drinks bottle, floats ect)
- You should be on poolside 5 minutes before the session starts so you can be told what the warm up is and be ready to enter the water as soon as the session begins

- If you arrive late, report to your coach before entering the pool
- Always listen to the instructions of your coach
- Think about what you're doing during training and if you have any problems, talk to your coach about them at an appropriate time
- If you experience any problems with other club members behaviour, report them at the time to an appropriate adult
- Always swim to the wall as you would in a race and practice turns as instructed
- Do not stop and stand in the lane or obstruct other swimmers from completing their training
- Complete all lengths and sets as instructed by your coach

Competitions

- Always behave in a way that shows respect to the club, your teammates, and all members of any competing clubs
- Always show support for your teammates by staying with the team on poolside
- If you need to leave poolside for any reason, inform the coach and gain permission if needed, before doing so
- Warm up before and cool down after each race, as directed by your coach
- Wear appropriate swimwear, tracksuits and other clothing as outlined by the club
- Do not leave a competition until it is over or until you have the explicit agreement of the club coach

Print Name: _____ Signature: _____

Parent / Guardian Signature _____

Date: _____